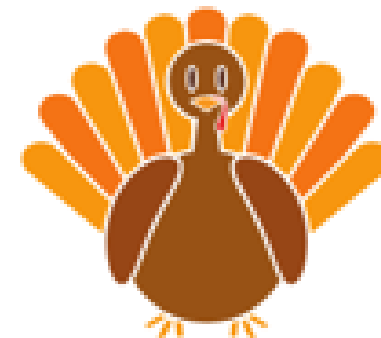


2025



October



A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Starbuck @11:45 Chicken Parm	2 Sanford @11:45 Salmon Nicoise Salad Presentation: Living a Whole Life	3	4
5	6 La Salle @ 11:45 Thanksgiving Meal	7	8 Starbuck @11:45 Thanksgiving Meal	9 Sanford @11:45 Chicken Parm	10	11
12	13 No Meal Thanksgiving	14	15 Starbuck @11:45 Halibut	16 Sanford @ 11:45 Thanksgiving Meal Presentation: Caregiver Burnout	17	18
19	20 Brunkild@ 11:45 Thanksgiving Meal	21	22 Starbuck @11:45 Turkey Noodle Soup & egg salad sandwiches	23 Sanford @ 11:45 Beef Stew	24	25
26	27 La Salle @ 11:45 Perogies and Sausage	28	29 Starbuck @11:45 Tuna Casserole	30 Sanford @ 11:45 Creamy Garlic Chicken @ Meadowbrook Clubouse	31 Halloween	

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.
We will try to accommodate special dietary requests.
 Menu subject to change.

Please call ahead to confirm.
\$10 per person